

## AGREEMENT OF RELEASE AND WAIVER OF LIABILITY

I, \_\_\_\_\_, hereby agree to the following:

1. That I am (my child is) participating in the Yoga Classes or Dance Classes offered by [Pat Smith] during which I will receive information and instruction about tap, ballet, jazz, tumbling and yoga. I recognize that these afore mentioned activities require physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my (their) participation in Yoga Classes or Dance Classes . I represent and warrant that I am (my child is) physically fit and I have (my child has) no medical condition that would prevent my (their) full participation in the Yoga Classes or Dance Classes.
3. In consideration of being permitted to participate in Yoga Classes or Dance Classes, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I (or my child) might incur as a result of participating in the program.
4. In further consideration of being permitted to participate in Yoga Classes or Dance Classes, I knowingly, voluntarily and expressly waive any claim I may have against [Pat Smith] for injury or damages that I (my child) may sustain as a result of participating in the program.
5. I, my heirs or legal representatives forever release waive, discharge and covenant not to sue [Pat Smith] for any injury or death caused by her negligence or other acts.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

DATE \_\_\_\_\_  
SIGNATURE OF PARTICIPANT \_\_\_\_\_

If participant is under 18:  
AS LEGAL GUARDIAN OF \_\_\_\_\_, I CONSENT  
TO THE ABOVE TERMS AND CONDITIONS.

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE OF PARTICIPANT

WITNESSED BY:  
\_\_\_\_\_